

## EASTERN COUNTIES CYCLING ASSOCIATION



### Terry Anderson Memorial **10 miles Time Trials** **for Ladies, Solos and Tandems**

*to be held on*

**Saturday 12th August 2023**  
**Course E2/10 ~ Start at 2.00 pm**



*Timekeepers*

**Frida Wezel and Michael Keen**

#### **Awards**

<b>WOMEN</b> <i>1st: Boxed Medal. 2nd: Gilt Medal. 3rd: ECCA Medal.</i>
<b>TANDEM (Members of ECCA Affiliated Clubs only)</b> <i>1st: ECCA Gilt Medals.</i>
<b>MEN (Members of ECCA Affiliated Clubs only)</b> <i>1st: Boxed Medal. 2nd: Gilt Medal. 3rd to 6th: ECCA Medal.</i> <i>1st Team of 3: ECCA Gilt Medals.</i> <b><u>Terry Anderson Memorial Award</u></b> For the rider or riders nearest to the event average time <i>A.J. Mills Cup and ECCA Boxed Medal</i>
<b>HANDICAP (Men &amp; Women - Members of ECCA Clubs only)</b> <i>1st: Boxed Medal. 2nd: Gilt Medal. 3rd to 6th: ECCA Medal.</i>

*Event Headquarters*

**Westley Waterless Village Hall, CB8 0RG**

**Event Secretary:** Keith West, 3 Dukes Road, Billericay, Essex, CM11 1BP  
Mobile: 07952 910044 Email: [keith@questronics.co.uk](mailto:keith@questronics.co.uk)  
**Organizer on the day:** Brian Hurrell, 07725 407431

**IT IS IMPERATIVE THAT YOU READ THE NOTES ON PAGE 2**

#### **COURSE DETAILS E2/10**

Grid References Start: TL57345635 Finish: TL57085600

Interactive map: [https://www.easterncounties.org.uk/maps.html?E2\\_10](https://www.easterncounties.org.uk/maps.html?E2_10)

**START** at paint mark at end of feeder road from West Wratting, just before junction with A1304 (1 kerb joint before drain near "Give Way" Sign). Bear left onto A1304 and proceed onto A11 southbound. Continue to take slip road to Four Went Ways intersection (A1307) (M), and circle Elevated Roundabout (5.14 miles) Take fourth exit on to A11 northbound (M). Retrace to Six Mile Bottom where take A1304 slip road (M), to **FINISH** at paint mark 5 yards past end of island between old road and slip road (at sixth kerb joint past plastic phone indicator post marked "85/0")

- ❖ Event Headquarters are at Westley Waterless Village Hall, near Newmarket (see link to map in course details for directions). Hall will be open at 12 noon. **The car park is for use by officials only.** Please park outside the HQ grounds and only to the east of Village Hall. Please park sensibly and avoid blocking the pathways by not parking on the verges or entrances to fields. Obey the 30 mph speed limit in the village. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these Headquarters. **This is especially important with regards to horses and riders, give way, slow down and leave plenty of room.**
- ❖ **NO CHANGING FACILITIES WILL BE AVAILABLE AT THE HQ. Separate Toilet facilities are available for men and women.**
- ❖ **NO SHOEPLATES or SMOKING in the Hall.**
- ❖ **It is also possible to park nearer the Start and Finish, in the road between Six Mile Bottom and West Wrattling. THERE MUST BE NO PARKING ON THE GRASS VERGES EITHER SIDE OF THE VETERINARY CLINIC ENTRANCE AND THIS AREA WILL BE ROPED OFF.**
- ❖ Start is about 4 miles from event HQ. To get to the Start, turn right out of Village Hall, left at crossroads then right at next crossroads to Six Mile Bottom. Turn left & proceed to the road leading to West Wrattling.
- ❖ Static warm-ups are permitted. Warming up can also be done in the road leading to West Wrattling but NOT on the race course.
- ❖ No more than three riders are allowed to queue at the start, so time your arrival accordingly. The Start Official is there to check lights and helmet as well as Pusher-off. Any clothing, bottles, etc, left at the start will NOT be returned to Finish or HQ.
- ❖ **On finishing the race, riders should not stop at the finish area but should continue to the HQ and sign out promptly. DO NOT APPROACH THE TIMEKEEPERS.**
- ❖ There will be free tea and coffee and a wide range of delicious cakes at £1 a slice (so please bring plenty of loose change) at the HQ where the full results will be displayed. Detailed results will be published on the relevant websites once all are confirmed.
- ❖ No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required.
- ❖ It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the on the day event organizer. Please telephone the organizer if you have failed to finish the event.

Riders are reminded that no competitor shall be allowed to start an event unless they are wearing a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard.

Riders are also reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a **working rear red light and affixed to the front of their machine a working front white light; lights to be illuminated, either flashing or constant, and in a position that is clearly visible to other road users.**

**NO HELMET - NO LIGHT – NO RIDE**

In order to obtain bigger fields, for 2023 the ECCA decided to open its races to all, although with preference to ECCA riders. Judging by some of the entries from outside clubs the appeal of riding the superfast E2 course makes the long journey worthwhile.

For those clubs that aren't affiliated and which are in our catchment area why not affiliate? Along with the benefits there are however certain conditions and these are explained in full on the ECCA website homepage.

Whether to continue this arrangement next year will be decided at the ECCA AGM on Sunday 15<sup>th</sup> October. Bigger fields mean more ECCA awards and the extra income means the Association can better support road and circuit races and track championships but member clubs do need to provide marshals.

For full details of future ECCA events and results of past events go to [www.easterncounties.org.uk](http://www.easterncounties.org.uk) where you will find this information plus lists of officials and member clubs. You will also see details of the Bolton Fund which can provide financial assistance for riders in member clubs to achieve certain cycling ambitions.

**It has been very difficult to get marshals for this event but I'm pleased to say that with some riders from both ECCA and non-ECCA clubs and ECCA Committee members offering their support the race can go on.**

## LONDON EAST LOCAL REGULATIONS

4.7 No Warming Up by competitors on the course once the event has started.

4.8.1 Marshals placed to direct competitors off the main carriageways must not stand at the apex between the carriageway and the slip road, but should be located at the beginning of the slip road.

4.8.2 No U-Turns are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

4.8.5 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

## RIDERS' NOTES

The event has been handicapped using the Standardised Handicapping System modified for ECCA events. Please notify Organiser of any improvement in PB.

No parking at the finish, other than timekeepers. Parking is available at and near the Event H.Q. and in the road to West Wrattling.

Body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions.

All competitors are reminded to personally sign the signing-out sheet after they have finished, otherwise they may be recorded as DNF.

You may exchange your number for a free drink.

I've tried to meet your wishes for early or late starts or times near friends or partners but please forgive me if I've missed your request.

## Your Safety

At the roundabout turn you should get to the middle of the roundabout as soon as it is safe to do so. If you ride on the outside of the roundabout you are at risk from vehicles leaving at each exit. You MUST give way to any vehicle from the right and you should NOT enter the roundabout if the way is not clear.

## Open Ladies

No	Start	Name	Club/Team	Cat	Hcap	PB
1	14:01	Caroline Bailes	Verulam CC	WV	NA	31:00
2	14:02	Ann Shuttleworth	Cambridge CC	WV	9:08	23:47
3	14:03	Eva Zsigoova	VeloRefined Rule 5	W	*	24:43
4	14:04	Sarah Johnson	CC Sudbury	WV	NA	28:00
<b>5</b>	<b>14:05</b>	<b>Deborah Beare</b>	<b>Icknield RC</b>	<b>WV</b>	<b>6:58</b>	<b>21:27</b>
6	14:06	Frances Lammyman	St Neots CC	W	8:24	22:59
7	14:07	Judy Reid	Icknield RC	WV	9:39	24:20
8	14:08	Alexa Forbes	London Dynamo	WV	*	26:14
9	14:09	Brigitte Von Maydell-Koch	Verulam CC	WV	14:58	30:02
<b>10</b>	<b>14:10</b>	<b>Angela Carpenter</b>	<b>...a3crg</b>	<b>WV</b>	<b>*</b>	<b>20:24</b>
11	14:11	Denise Hurren	Sole Bay Cycle Sport	WV	*	21:57
12	14:12	Alison Fox	Ely & District CC/B&T Motor Repairs	WV	8:58	23:36
13	14:13	Hilary Briggs	Serpentine Running Club	WV	*	24:34
14	14:14	Claire Lee	Shaftesbury CC	WV	12:00	26:51
<b>15</b>	<b>14:15</b>	<b>Louise Robinson</b>	<b>Essex Roads CC</b>	<b>WV</b>	<b>6:32</b>	<b>21:00</b>
16	14:16	Julia Freeman	Easterley Road Club	WV	8:13	22:48
17	14:17	Emily Robertson	Bedfordshire Road CC	W	*	24:01
18	14:18	Evgeniya Righini-Brand	Sleaford Wheelers Cycling Club	W	*	25:11
19	14:19	Lynne Scofield	Rockingham Forest Wheelers	WV	*	28:00
* = Club not affiliated to ECCA. Rider(s) not eligible for handicap awards						

## Men

No	Start	Name	Club/Team	Cat	Hcap	PB
<b>20</b>	<b>14:20</b>	<b>Ian Short</b>	<b>Team Salesengine.co.uk</b>	<b>V</b>	<b>5:48</b>	<b>20:12</b>
21	14:21	John Saysell	**North Road CC	V		21:41
22	14:22	Richard Moule	**Bossard Whs	V		23:06
23	14:23	George Lipscomb	**Manchester Triathlon Club	V		24:15
24	14:24	Antonio Paolino	Essex Roads CC	V	13:53	28:52
<b>25</b>	<b>14:25</b>	<b>Terry Garlinge</b>	<b>Easterley Road Club</b>	<b>V</b>	<b>5:43</b>	<b>20:07</b>
26	14:26	Lee Garrod	**Sole Bay Cycle Sport	V		20:42
27	14:27	Gary Johnson	CC Sudbury	V	7:09	21:39
28	14:28	Mark Ready	Diss & District CC	V	8:19	22:54
29	14:29	Vic Haines	**Old Portlians CC	V		28:43
<b>30</b>	<b>14:30</b>	<b>Adam Williams</b>	<b>St Neots CC</b>	<b>S</b>	<b>5:08</b>	<b>19:29</b>
31	14:31	Dominic Righini-Brand	**Sleaford Wheelers Cycling Club	S		20:13
32	14:32	Glenn Taylor	Shorter Rochford RT	V	6:03	20:28
33	14:33	Ed Tarelli	**Race Hub	V		22:03
34	14:34	Martin Simmons	CC Breckland	V	9:30	24:10
<b>35</b>	<b>14:35</b>	<b>Peter Robertson</b>	<b>**Lea Valley CC</b>	<b>S</b>		<b>20:00</b>
36	14:36	Paul Smith	**VeloRefined Rule 5	V		20:44
37	14:37	John Watson	Hitchin Nomads CC	V	7:22	21:53
38	14:38	Martin Bullen	Peterborough CC	V	8:32	23:08
39	14:39	George Skinner	**Royal Albert Cycling Club	V		26:22
<b>40</b>	<b>14:40</b>	<b>Darran Bennett</b>	<b>Ely &amp; District CC/B&amp;T Motor Repairs</b>	<b>V</b>	<b>4:55</b>	<b>19:16</b>
41	14:41	Tim Baggs	**Sherwood CC	V		21:33
42	14:42	Peter Bell	**Welland Valley CC	V		21:32
43	14:43	Chris Dyason	Cambridge CC	V	7:43	22:16
44	14:44	Paul Hewitt	Metropolitan Police Cycle Club	V	9:17	23:56
<b>45</b>	<b>14:45</b>	<b>Richard Evans</b>	<b>North Essex Velo</b>	<b>V</b>	<b>5:35</b>	<b>19:58</b>
46	14:46	Craig Chappell	API/Anglia Sport	V	6:09	20:35
47	14:47	Roy Rowland	Diss & District CC	S	7:18	21:49
48	14:48	Mick Stevens	**Melton Olympic CC	V		22:32
49	14:49	Andrew Porter	**Welwyn Whs	V		26:13

## Men

No	Start	Name	Club/Team	Cat	Hcap	PB
<b>50</b>	<b>14:50</b>	<b>Nick Partridge</b>	<b>**Sole Bay Cycle Sport</b>	<b>V</b>		<b>19:09</b>
51	14:51	James Lawler	**VTTA (East Anglia Group)	V		20:41
52	14:52	Loz Staples	**Spalding CC	V		21:31
53	14:53	Andrew Whelan	**Velo Schils Interbike RT	V		22:14
54	14:54	Paul Breeze	Peterborough CC	V	9:10	23:49
<b>55</b>	<b>14:55</b>	<b>Adam Fisher</b>	<b>Cambridge CC</b>	<b>V</b>	<b>5:27</b>	<b>19:50</b>
56	14:56	Simon Hall	**Stourbridge CC	V		20:30
57	14:57	Simon Inman	**OVB	V		21:47
58	14:58	John Golder	Chelmer CC	V	8:29	23:05
59	14:59	Adrian Briers	**Chronos RT	V		25:40
<b>60</b>	<b>15:00</b>	<b>Kevin Tye</b>	<b>**VeloRefined Rule 5</b>	<b>V</b>		<b>19:06</b>
61	15:01	Tom Wade	**Cambridge University CC	S		20:18
62	15:02	Will Shepherd	Ely & District CC/B&T Motor Repairs	V	7:00	21:30
63	15:03	David Creese	**Chronos RT	V		22:10
64	15:04	Adam Wells	**Rockingham Forest Wheelers	S		23:16
<b>65</b>	<b>15:05</b>	<b>Julian Bosley</b>	<b>**Stowmarket &amp; District CC</b>	<b>V</b>		<b>19:47</b>
66	15:06	Mark Woolford	**ZeroBC Race Team	V		20:21
67	15:07	John Dowling	**Hemel Hempstead CC	V		21:43
68	15:08	Graham Lawrenson	Hainault RC	V	8:28	23:04
69	15:09	Shay Giles	**Thanet RC	V		25:29
<b>70</b>	<b>15:10</b>	<b>Samuel Thienel</b>	<b>Elysium Kalas Race Team</b>	<b>S</b>	<b>4:43</b>	<b>19:03</b>
71	15:11	Martin Fisher	**Melton Olympic CC	V		20:12
72	15:12	Jamie Watson	Colchester Rovers CC	V	6:48	21:17
73	15:13	Jack Eastman-Nye	Peterborough CC	S	7:39	22:11
74	15:14	Steve Cornish	**St Ives CC	V		23:45
<b>75</b>	<b>15:15</b>	<b>Antony Brown</b>	<b>**George Fox Cycling Solutions</b>	<b>V</b>		<b>19:47</b>
76	15:16	Phillip Tyas	**Barnsley Road Club	V		20:21
77	15:17	Mark White	**Mark White Coaching RT	V		21:34
78	15:18	Laurence Toombs	West Kent RC	V	8:24	23:00
79	15:19	John Swanbury	**VC Baracchi	V		25:24
<b>80</b>	<b>15:20</b>	<b>Ryan Witchell</b>	<b>Team Salesengine.co.uk</b>	<b>S</b>	<b>4:42</b>	<b>19:02</b>
81	15:21	Tony Ball	**Legato Racing Team (LRT)	V		20:10
82	15:22	Jamie Sparrow	North Norfolk Whs	V	6:24	20:51
83	15:23	Noah Knock	**Victoria Cycling Club	V		22:01
84	15:24	Nick Hickman	Team Salesengine.co.uk	V	9:04	23:42
<b>85</b>	<b>15:25</b>	<b>Rikky Hughes</b>	<b>**Droitwich Cycling Club</b>	<b>S</b>		<b>19:46</b>
86	15:26	Martin Reynolds	Cambridge CC	V	5:50	20:15
87	15:27	Roger Porter	Verulam CC	V	7:23	21:54
88	15:28	Dominic Whitehead	Cambridge CC	V	8:38	23:15
89	15:29	Mike Sirett	**Welland Valley CC	V		25:16
<b>90</b>	<b>15:30</b>	<b>Liam Maybank</b>	<b>Twickenham CC</b>	<b>V</b>	<b>4:39</b>	<b>18:58</b>
91	15:31	Stu Wright	**QN Racing	V		20:09
92	15:32	Chris Newman	**Farnham RC	S		20:48
93	15:33	Andy Grant	Chelmer CC	V	7:34	22:06
94	15:34	Chris Nudds	CC Breckland	V	9:00	23:38
<b>95</b>	<b>15:35</b>	<b>Rob Young</b>	<b>Shaftesbury CC</b>	<b>V</b>	<b>5:19</b>	<b>19:41</b>
96	15:36	Philip Wilkinson	**Rockingham Forest Wheelers	V		20:20
97	15:37	Michael Martin	CC Ashwell	V	7:07	21:37
98	15:38	Ian Aunger	Fenland Clarion CC	V	8:16	22:51
99	15:39	Chris Womack	**VC Baracchi	V		24:33
<b>100</b>	<b>15:40</b>	<b>Ken Buckley</b>	<b>**BPC Race Team</b>	<b>S</b>		<b>18:40</b>
101	15:41	Michael Schofield	Verulam CC	V	5:44	20:08
102	15:42	Antony Bee	**Wigmore CC	V		20:40
103	15:43	Charles Langford	Southend Wheelers	B	7:53	22:26

Men						
No	Start	Name	Club/Team	Cat	Hcap	PB
104	15:44	Martin Wright	**Eat Plants Not Pigs CC	V		23:30
<b>105</b>	<b>15:45</b>	<b>Paul Schofield</b>	<b>Ely &amp; District CC/B&amp;T Motor Repairs</b>	<b>V</b>	<b>5:18</b>	<b>19:40</b>
106	15:46	Thomas Carroll	CC Breckland	V	5:54	20:19
107	15:47	Richard Mellor	**Team Bottrill	V		21:37
108	15:48	Jason Kierman	**Born to Bike - Bridgtown Cycles	V		22:51
109	15:49	Mark Munnings	**VC Baracchi	V		24:41
<b>110</b>	<b>15:50</b>	<b>Piotr Zulawski</b>	<b>Cambridge CC</b>	<b>S</b>	<b>4:19</b>	<b>18:37</b>
111	15:51	Mark Wise	**Team Enable - M.I. Racing - McCann	V		20:04
112	15:52	Gary Pamment	CC Sudbury	V	6:16	20:42
113	15:53	Michael Allen	**Team Enable - M.I. Racing - McCann	V		22:07
114	15:54	David Hodsmen	**Dulwich Paragon CC	S		23:21
<b>115</b>	<b>15:55</b>	<b>Jacob Storey</b>	<b>**trainSharp</b>	<b>S</b>		<b>19:31</b>
116	15:56	Robert Watson	Cambridge CC	V	5:54	20:19
117	15:57	Gary Grayland	**CC Bexley	V		21:36
118	15:58	Peter Noble	**Epsom CC	V		22:46
119	15:59	Geoff Fletcher	Shaftesbury CC	V	10:29	25:13
<b>120</b>	<b>16:00</b>	<b>Richard Oakes</b>	<b>**Team Ohten Aveas</b>	<b>V</b>		<b>18:08</b>
121	16:01	Grant Orsborn	Bedfordshire Road RT	V	5:43	20:07
122	16:02	Ben Rooney	**Team Enable - M.I. Racing - McCann	V		20:42
123	16:03	Tom Cosgrove	**VTTA (London & Home Counties)	V		21:56
124	16:04	Paul Wright	**Army Cycling	V		23:46
<b>125</b>	<b>16:05</b>	<b>Colin McDermott</b>	<b>**Festival Road Club</b>	<b>V</b>		<b>19:31</b>
126	16:06	Luca Morrone	**Onyx RT	S		20:19
127	16:07	Marek Sasura	GS Avanti	V	7:04	21:34
128	16:08	Philip Skinner	**Welwyn Whs	V		22:37
129	16:09	Thomas Dean	Eagle Road Club	V	9:48	24:30
<b>130</b>	<b>16:10</b>	<b>Paul Burton</b>	<b>**Paceline RT</b>	<b>V</b>		<b>17:56</b>
131	16:11	Matt Donovan	Bedfordshire Road RT	V	5:22	19:45
132	16:12	Murat Ozdenya	Team Vision Racing - Silverhook	V	5:41	20:05
133	16:13	Matthew Smith	**Colour Tech RT	V		20:16
<b>** = Club not affiliated to ECCA. Rider(s) not eligible for awards</b>						

Tandem				
No	Start	Names	Club(s)	Cat
134	16:14	Bradley Sewell	**Wincanton Wheelers	V
		Alan McArdle	Eagle Road Club	V
135	16:15	Christopher York	Maldon & District CC	V
		Joanne York		WV
136	16:16	Andrew Hutchison	Ride Harder	V
		Catherine Hutchison		WV
137	16:17	Rachael Elliott	**Newbury Velo	WV
		Ian Greenstreet		V
<b>** = Club not affiliated to ECCA. Riders not eligible for awards</b>				